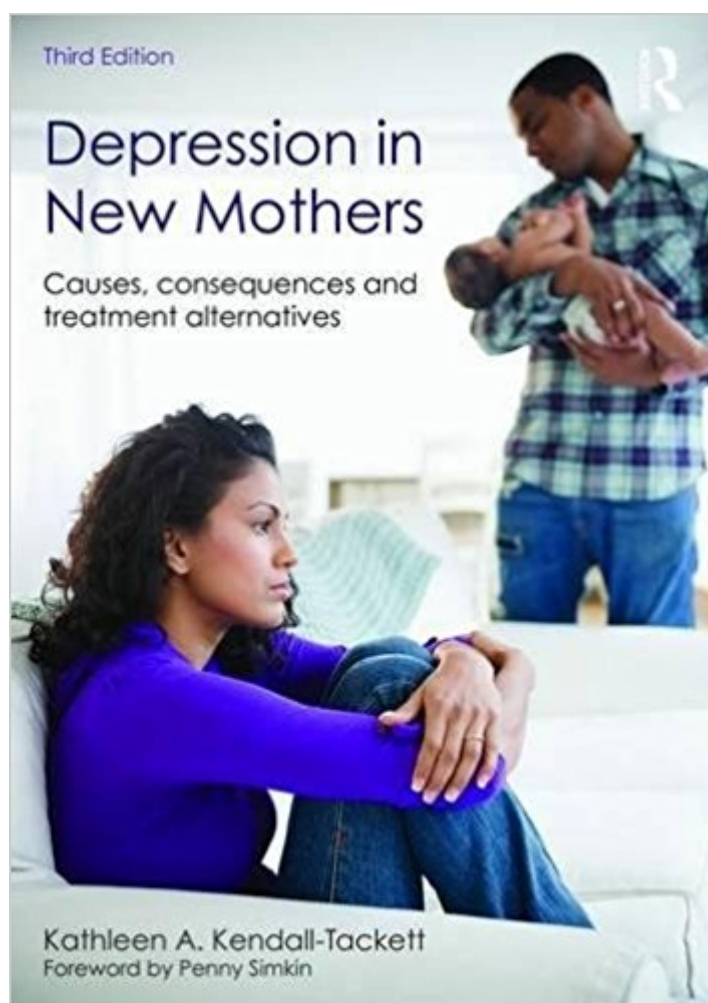


The book was found

Depression In New Mothers, 3rd Edition: Causes, Consequences And Treatment Alternatives



Synopsis

Depression is the most common complication of childbirth and results in adverse health outcomes for both mother and child. It is vital, therefore, that health professionals be ready to help women who have depression, anxiety, or posttraumatic stress disorder in the perinatal period. Now in its third edition, *Depression in New Mothers* provides a comprehensive approach to treating postpartum depression in an easy-to-use format. It reviews the research and brings together the evidence-base for understanding the causes and for assessing the different treatment options, including those that are safe for breastfeeding mothers. It incorporates research from psychoneuroimmunology and includes chapters on: assessing depression mother-infant sleep traumatic birth experiences infant temperament, illness, and prematurity childhood abuse and partner violence psychotherapy complementary and integrative therapies community support for new mothers antidepressant medication suicide and infanticide. This most recent edition incorporates new research findings from around the world on risk factors, the use of antidepressants, the impact of breastfeeding, and complementary and integrative therapies as well as updated research into racial/ethnic minority differences. Rich with case illustrations and invaluable in treating mothers in need of help, this practical, evidence-based guide dispels the myths that hinder effective treatment and presents up-to-date information on the impact of maternal depression on the mother and their infants alike.

Book Information

Paperback: 304 pages

Publisher: Routledge; 3 edition (September 17, 2016)

Language: English

ISBN-10: 1138120774

ISBN-13: 978-1138120778

Product Dimensions: 0.8 x 6.5 x 9.2 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #256,310 in Books (See Top 100 in Books) #13 in [Books > Health, Fitness & Dieting > Mental Health > Postpartum Depression](#) #68 in [Books > Medical Books > Medicine > Midwifery](#) #97 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Obstetrics & Gynecology](#)

Customer Reviews

Kathleen A. Kendall-Tackett is a health psychologist and International Board Certified Lactation

Consultant, and the Owner and Editor-in-Chief of Praeclarus Press, a small press specializing in women's health. Dr. Kendall-Tackett is Editor-in-Chief of two peer-reviewed journals: Clinical Lactation and Psychological Trauma. She is a Fellow of the American Psychological Association in Health and Trauma Psychology, Past President of the APA Division of Trauma Psychology, and a member of the Board for the Advancement of Psychology in the Public Interest. Dr. Kendall-Tackett is a Clinical Professor of Nursing at the University of Hawaii at Manoa and Clinical Associate Professor of Pediatrics at the Texas Tech University School of Medicine, USA.

[Download to continue reading...](#)

Depression in New Mothers, 3rd Edition: Causes, Consequences and Treatment Alternatives
Depression Treatment Naturally & Depression Self Help: 21 Non-Medical Depression Cures To Stay Happy For Life (depression cure, postpartum depression, ... depression self help, depression free)
Depression in New Mothers: Causes, Consequences, and Treatment Alternatives Depression: The Depression Cure: The 11-Step Program to Naturally Beat Depression For Life (depression cure, depression books, depression and anxiety, ... emotional intelligence, mood disorders) Difficult Mothers: Difficult Mothers Cure: Toxic Relationships With Narcissistic Mothers Understood And Overcome Forever! (Difficult Mothers, narcissistic ... absent mother, narcissist relationship) The Depression Workbook: A Guide for Living with Depression and Manic Depression, Second Edition Postpartum Depression: How to Overcome Postpartum Depression and Be a Happy Mom (Postnatal Depression) Teen Depression: A Parent's Guide for Recognizing the Signs of Teenage Depression and Helping Your Child Find Happiness Again ~ (Help for Depression in Teens) Postpartum Depression Cure: The Self-Help Guide To Overcome Depression After Childbirth (Post partum anxiety, Post partum weight loss, Post partum depression) What You Must Know about Statin Drugs & Their Natural Alternatives: A Consumer's Guide to Safely Using Lipitor, Zocor, Mevacor, Crestor, Pravachol, or Natural Alternatives Abuse And Violence Information For Teens: Health Tips About The Causes And Consequences Of Abusive And Violent Behavior Including Facts About Types Of ... Warning Signs Of Abuse (Teen Health Series) Interpersonal Psychotherapy for Perinatal Depression: A Guide For Treatment of Depression During Pregnancy and the Postpartum Period I Love You Mom! Floral and Gardening Coloring Book for All Ages: Mother's Day Gifts in all Departments; Mothers Day Gifts in al; Mother's Day in ... Gifts from Son in al; Mothers Day Gifts in al You're Not Crazy - It's Your Mother: Understanding and Healing for Daughters of Narcissistic Mothers (Daughters Of Narccissistic Mothers Book 1) The Mothers' Board: Mothers Know Best Strong Mothers, Strong Sons: Lessons Mothers Need to Raise Extraordinary Men The Great Financial Crisis: Causes and Consequences Once a Month: Menstrual Syndrome,

Its Causes and Consequences Rising Waters: The Causes and Consequences of Flooding in the
United States Landslides: Causes, Consequences and Environment

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)